

# Crestwood School Activities Handbook

2018-2019

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## Board of Education:

Jim Blue, President  
Mary Liz Wright, Vice President  
Paul Porter, Secretary  
Keith Trogdon, Treasurer  
Jarrod Dyer, Member  
Kit Kirby, Member  
Mike Reed, Member

## Administration

Superintendent: Danette Young  
Principal/Athletic Director: Dan Lynch

## Head Coaches

Golf: Craig Smith  
Baseball: Vince Porter  
Softball: Scott Dosch  
Girls Basketball: Missy Tingley  
Boys Basketball: Bob Abernathy  
Volleyball: Amy McClain  
Track: Kristy Adkison & Andrea Lau  
Scholastic Bowl: Kirstin Mills  
Band: Aimee Ripperden  
Cheerleading: Tanner Laughlin & Heather Crippes

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## Student Activities

Student activities include competitive sports, extracurricular activities, and cheerleading. Participation in student activities is a privilege. Those who participate have a responsibility to favorably represent the school and community. Students are expected to conduct themselves both in and out of school in a manner appropriate to their responsibilities as representatives of the school and district. If a student fails to comply with the school rules, the privilege to participate in these activities may be lost.

## Athletics

A year-round interscholastic athletic program is provided for both boys and girls in Crestwood School. All boys and girls in grades 6, 7, and 8 are invited to try out for the athletic squads, but the teams are competitive and may be limited to a reasonable number.

Crestwood School is a member of the Illinois Elementary School Association (IESA). All athletic competitions and musical contests are governed by the IESA.

## Participation Requirements

An athlete must have the following fully executed documents on file at the school office before the athlete's first participation in any activity:

1. A current physical examination which finds the athlete is physically able to participate; and
2. Proof the athlete is covered by medical insurance; and
3. Signature on the team rules provided by the coach; and
4. Signature on the concussion and head injury policy; and
5. Signature on the Crestwood Student Activity Handbook.

## **Academic Eligibility**

Students must be passing all subjects in order to be eligible to participate in any interscholastic activity.

Under section 2.043 of IESA school by-laws, for all IESA activities, athletic as well as non-athletic, passing work shall be checked weekly to govern eligibility for the following Monday through Saturday.

Students must be passing each subject, each week, to be eligible. For fall sports, the first eligibility check shall be made following the first full week of attendance at the beginning of the school year. During the succeeding weeks of the school year, the eligibility check shall begin the week prior to the first contest in an activity. (Crestwood's eligibility check is held on the last school attendance day of the week.) Coaches will be notified of eligibility/ineligibility on the last school attendance day of the week. Coaches will also be notified if any of their student-athletes are receiving a "D" in any classes to allow them to give additional reinforcement of the importance of making good grades.

## **Absence from School on Day of Activity**

An athlete who is absent from school after noon on the day of an activity is ineligible for any activity on that day unless the absence has been approved by the principal. The coach may make exceptions for: 1) a medical absence pre-arranged with the coach or 2) a death in the athlete's family. An athlete who has been suspended from school will be suspended from participation in athletic activities by administration. An athlete who is absent from school on a Friday before a Saturday event may be withheld from Saturday activities at the sole discretion of the coach.

## **Transportation**

All athletes shall travel to athletic events with the team on which the athlete competes by use of school approved means of transportation. A sign-out sheet must be signed in order for a student to return home with a parent/guardian. If a student needs to ride home with someone other than a parent/guardian, a note must be approved by the school office/administration before the student leaves school the day of the activity. Oral requests shall not be honored and oral permissions shall not be valid.

## **Student Athlete Concussions and Head Injuries**

A student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion in a practice or game will be removed from participation or competition at that time.

A student athlete who has been removed from an interscholastic contest for a possible concussion or head injury may not return to that contest unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer.

If not cleared to return to that contest, a student athlete may not return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.

### **Pre-Season Parent Meeting**

At the start of each season, our coaches will host a parent meeting to inform parents and students of the expectations for that sport. The coach will review team rules, the eligibility requirements, and the practice/game schedule. A parent and students must sign off on team rules.

### **Parent/Coach Communication**

It is imperative parents and athletes trust that our coaches are trying to do the right thing for the team and *all* individuals involved. It is important to understand that the coaches are the ones with the team on a daily basis in practice and competition and therefore will make judgment decisions based on what they feel is in the best interest of the team.

There are situations that may require a conference between the coach and the parent. Parent/Coach communication is encouraged. When a conference is necessary, please call and set up an appointment. If you cannot reach the coach, please contact Mr. Lynch and he will set up a meeting for you. *Please do not confront a coach before or after a contest or practice.* These can be emotional times for both the parent and the coach. Please keep in mind that coaches will not discuss playing time, team strategy, or other student-athletes. Students are not guaranteed playing time. After you meet with the coach, if you are not satisfied with the resolution, please set up an appointment with Mr. Lynch to discuss the situation.

### **Parent Conduct**

Encourage your child to respect his/her coach and to do his/her best throughout the season. As a fan, display good sportsmanship at every game and refrain from using inappropriate language or actions. Support your son/daughter and their teammates.

### **Good Luck!**

The coaches and administrators at Crestwood wish you the best of luck in your athletic competitions. Remember to always do your very best.

Please sign and return this page to your coach.

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I have read and understand the 2018-2019 Crestwood School Activities Handbook.

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_