

Paris Community Unit School District No. 4

Danette Young, Superintendent
Dan Lynch, Principal
www.crestwood.k12.il.us



15601 US Hwy 150
Paris, IL 61944
Phone: (217)465-5391
Fax: (217)466-1225

Crestwood School Monthly Wellness Themes 2018-2019

September – Physical Activity

October – Great Apple Crunch

November – Nutritional Content/Healthy Eating

December/January – Mental Health/Value Self

February – Jump Rope for Heart

March – Dental Health

April – Red Cross Blood Drive

May – Wellness Fair/Learning Fair