

NATIONAL

SUICIDE



PREVENTION

LIFELINE

TM

1-800-273-TALK (8255)

suicidepreventionlifeline.org

CRISIS TEXT LINE |

IN A CRISIS?

Text HOME to 741741 to
connect with a Crisis
Counselor

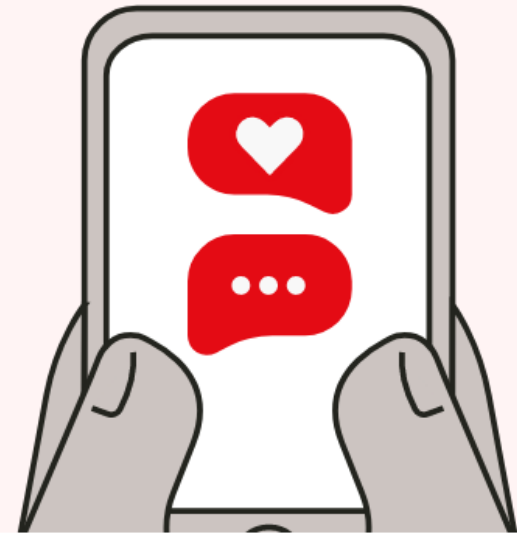
Free 24/7 support at your fingertips. US and Canada: text
741741 Message us on WhatsApp at 443-SUPPORT For
international support, [click here](#).

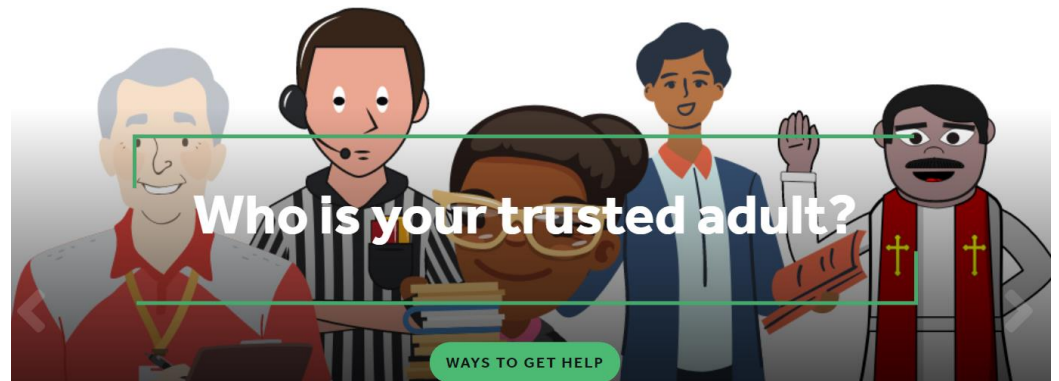
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Contact Us Now



Call

844-4-SAFEIL



Text

SAFE2 (72332)



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