

## Cool Tool

**Eagle Expectation:** Act Responsibly

**Name of the Setting/ Skill:** Bathroom – Flush/Wash/Throw Away

**SEL Standard:** 3A.1b. Identify social norms and safety considerations that guide behavior.

### **Purpose of the Lesson:**

1. To teach students personal hygiene skills.
2. To maintain a safe, healthy, and clean environment for all within Crestwood School.

### **Teaching Examples:**

1. You use the restroom before going out to recess. You are in a hurry, so you don't want to take time to flush the toilet. But, you stop and remember how disgusting it would be for the next person who uses the toilet. You decide to flush before washing your hands.
2. You are in the restroom washing your hands. You throw the towel away but miss the trash can. You are in a hurry, but you remember that it is your towel and you should take care of your own mess. You bend and pick the towel up and throw it away before walking out of the restroom.
3. You are in the restroom washing your hands before lunch. Your teacher comes in and tells you to hurry up. You run your hands under the water without using soap. You remember what the school nurse taught you about the importance of using soap in order to have clean hands. You decide to rewash your hands properly.

### **Kids Activities/Role Play:**

1. Using Teaching Example #1, discuss how you would feel if you were the next person to use the toilet in that scenario. Discuss why it is important to flush the toilet after using it.
2. Discuss with students the importance of throwing the paper towels in the garbage can and not on the floor. Have them think about how many students use the restroom during the day and how many paper towels would be on the floor at the end of the day if everyone threw their paper towels on the floor.
3. Discuss why it is important to have good hygiene.

### **Follow-up Reinforcement Activities:**

1. Reinforce expected behavior with an Eagle Eye.
2. Praise your students when the class as a whole leaves the bathroom and it is clean. Tell them you appreciate that they are doing their part in keeping the school clean.