

## Cool Tool

**Eagle Expectation:** Act Responsibly

**Name of the Setting/ Skill:** Cafeteria – Use Good Table Manners

**SEL Standard:** 3B.1b. Make positive choices when interacting with classmates.

### Purpose of the Lesson:

1. To allow for all students to have a pleasant eating experience in the cafeteria
2. To maintain order in the cafeteria

### Teaching Examples:

1. Your friend is eating mashed potatoes and you want some. You lean over with your spoon to help yourself. But then you stop and think, *Would I want someone taking my food?* You decide to not take your friends food.
2. Lunchtime has finally arrived. You get your food and sit next to your friends to eat. The person sitting across from you begins telling a funny story about an event that happened earlier that day. As he/she is talking they begin eating. You remind that not to talk with their mouth full and to use good table manners.
3. You are eating spaghetti for lunch. As you are taking a bite, some sauce gets on your face. Your first instinct is to wipe it off with your shirt. Then you remember that you were given a napkin. You decide to use good manners and wipe your face with the napkin.

### Kids Activities/Role Play:

1. Discuss why it is important to eat your own food.
2. Discuss why it is important to eat with your mouth closed. Have students practice eating with their mouths closed.
3. Have students role-play using a napkin.

### Follow-up Reinforcement Activities:

1. When students are caught using good table manners, reward with an Eagle Eye.
2. Remind students to use good manners in the lunchroom before going to lunch.