

## Cool Tool

**Eagle Expectation:** Act Responsibly

**Name of the Setting/ Skill:** Classrooms – Always do your Best

**SEL Standard:** 1C.1b Identify goals for academic success and classroom behavior.

### **Purpose of the Lesson:**

1. To teach the importance of always doing your best in your classroom.
2. To promote responsibility.

### **Teaching Examples:**

1. While the teacher is explaining something new, you get very confused. You feel like yelling or crying, but instead you raise your hand and say, “Could you say that part again?”
2. The teacher has given you some problems to work on in class. You don’t even know how to begin. You think about just looking out the window, but realize you will never learn it that way. You write the problem on your paper and look at it. Then you raise your hand to ask for help.
3. You are working on a math assignment. When you finish you can work on the puzzle in the back of the room. You love to do puzzles but remember that you should always take your time and do your best on all of your work.

### **Kids Activities/Role Play:**

1. Discuss what it means to take pride in your work. (Putting your name on your work indicates you have done your best.)
2. Explain to students that even if something is hard they should do their best. This will enable students to gain confidence and self-esteem.

### **Follow-up Reinforcement Activities:**

1. Praise students who do their best.
2. Acknowledge students who struggle but still try to do their best.